

November News:

Early Christmas offer, blogs & Women's Wellness Day!

Dear All, I appreciated I haven't written (a newsletter) for while – er since the beginning of the year. As a part-time single parent, I have been somewhat stretched trying to juggle running a family, getting a small business off the ground and also healing the planet as part of my service work. Thankfully the children have been great and each day surprise me with their wonderful gifts. I am incredibly grateful for all the support I have received.

I currently offer a range of services including:

- ♥ Angelic Reiki Healing
- ♥ Crystal sales including online: [Shop - Community Retreats](#)
- ♥ Crystal readings
- ♥ House & Land Healing
- ♥ Spiritual Mentoring – over a six-month period

Further details can be found here:

[Services - Community Retreats](#)

Oh, and for those on this platform I also host a Facebook group which has been steadily growing all year to over two hundred beautiful souls:

[Community Retreats | Facebook](#)

There is currently a ** Special Offer ** - An Early Christmas Gift for All



£10 off voucher & free crystal worth £5

- ♥ Angelic reiki healing* - usual price £65 – session will be £55
- ♥ House/land healing (1st hour) – usual price £45 per hour – hourly rate £35
- ♥ Spiritual mentoring (new clients) – usual price £80/month – first month will be £70

Book any of these sessions before Christmas & receive a discount on your session with Charlie. To contact Charlie via email: charlottcoltman@communityretreats.com; mobile/WhatsApp: 0908991754; Facebook Messenger – connect as friends.

*Terms - Excludes rate for under 12's (£30) and concessionary rate for lower income clients. One per customer. To be taken before 31 Dec 2023. Full value of offer = £15

Guide to buying crystals



I am often asked about the pitfalls of buying crystals so recently wrote a blog to help. [Guide to Buying Crystals - Community Retreats](#).

We also sell a small range of commonly used crystals here: [Shop - Community Retreats](#)

Wellness Day Saturday 18 Nov 2023 – Alderbury, near Salisbury

For those local in/around Salisbury (& female) – sorry gentlemen - there is a Wellness Day later this month in Alderbury which is on the outskirts of Salisbury. There will be many different healing modalities present including me! 😊.



RMB Well Women Show

Stall holders for, well-being, women's health, lifestyle
and spiritual healing



Saturday 18th November 2023
11am - 3pm
Alderbury Village Hall
Rectory Rd
Alderbury SP5 3AD

Free entry & Free parking

Refreshments will served
throughout the day

email : rmbwithsophie@gmail.com
web : rmbyoogaandwellbeing.com

Otherwise, I have been keeping busy with healing sessions & land healing on the planet (my service work). Some of you may be aware that I write a regular blog with a range of topics from self-care & healing, protection, and looking after our beautiful children. Feel free to peruse: [Blog - Community Retreats](#) and you feel so called please consider a donation to my work: [DONATE - Community Retreats](#). It's not the easiest of path living outside the mould! 😊

From time to time, I share finding from my observations in the interest to others. Whilst I acknowledge & appreciate it's not for all I have shared my findings in relation to the covid vaccines. It's the spike proteins that's causing havoc in people's bodies but this can be both detoxed and also what has attached to the DNA can be healed. A key factor too is keeping those who chose this path on the lower astral planes (which resembles a war zone right now). When I work with clients in my angelic reiki healing sessions, I move individuals out of this to a higher frequency. As I have said throughout, this is healable and now I have more clarity. If interested more information can be found here: [Healing The Effects of Covid Vaccines – Client Observations - Community Retreats](#)

In relation to my service work as a land healer, I have written a couple of bits & bobs, including about our friendly green giant: [Healing Cerne Abbas Ley Line - Community Retreats](#); a church linked to the slave trade at the other end of the ley line: [The Other End of the Cerne Abbas Ley Line – Holwell Church near Sherborne, Dorset - Community Retreats](#). I hope to write more on the latter subject in the coming months as I feel it's important to share what I see as I go to these sites.

Last bit of news and very exciting 😊 – I am currently at the editing stage of my first book:

Healing me so my children can be:

The dark night of the soul

(self-responsibility to self-healing)

I have condensed of eight years of healing into one place in the hope that by sharing (like my blogs) the information is useful to others. The book will be self-published and cost no more than £10. Please drop me a line if you wish to pre-order copies for the first print run.

I hope you have enjoyed reading my news and hope you are all keeping well. Thank you for being here, thank you for your support, Love & Best wishes, Charlie 😊

