

Dear Lovely People,

Welcome to another randomly timed newsletter! I hope this finds you well.

Things have been busy here, I have completed my first book, launching on the 22 February. It's been a labour of love and my heart on a page. *Healing Me So My Children Can Be, Part 1: The Dark Night of the Soul* is about my healing journey over the last eight years or so; how I healed trauma; the different tenets of healing and what you can find in your spiritual toolbox if you have a good rummage to get you through the tough times. It's a big leap of faith, encouraged along by clients and readers of my blog.



It's got a fairly distinctive book cover, drawn by mandala artist, Floor Temme, from the Netherlands. Unfortunately, the original got lost in the post – so please pray for its safe return! Floor has designed such a beautiful cover and I am delighted with the outcome.

My book is listed on:

- Amazon, Waterstones, but they do take a whopping percentage. Please only consider if you are going to leave a 5star review!
- you can also buy it here for £14.50: [Healing Me So My Children Can Be – Part 1: Dark Night of the Soul \(thegreatbritishbookshop.co.uk\)](http://thegreatbritishbookshop.co.uk). From this source, I will receive more income. Amazon take a hefty 60% and that's before you have a publisher, hence I opted for the self-publishing route.
- If you are interested in ordering a special edition hard back version, please email me direct as they are only available via moi! 🟡 The hardbacks are priced at £22 plus postage. If you live down the road I can deliver or leave it in the porch! Here is the link for purchasing the special edition: [Charlie's Book - Healing Me So My Children Can Be – The Dark Night of the Soul - Community Retreats](#)

If you aren't convinced yet, there's a little more about the book at the same link. If not for you, it might suit someone who's not having such a good time and needs support, so please do consider supporting my literary efforts.

Book 2: Soul Mission and Book 3: Honour Our Children are in the pipeline and under way, as is my son's book on dragons. It's all very exciting!

The book was born out of my blogs, which I continue to write. This year so far includes:

- How to build a crystal grid around your home: [Crystal Grid Protection Around Your House & Land - Community Retreats](#)
- Anxiety as a gift: [Anxiety As A Gift - Community Retreats](#); and
- Client case study from New Zealand, which I worked on last year: [House / Land Healing Case Study: Fixing a Leaky Portal in New Zealand - Community Retreats](#)
- A call for us all to connect with our beautiful earth in a way that works for us: [Reigniting Our Connection with The Land - Community Retreats](#)
- Channelling, which I rarely do but this one is interesting: [House/Land Healing Case Study: Channelling A Cherokee Chief – Asheville, North Carolina, US - Community Retreats](#)

With the new year, I have updated my terms and pricing for services. You can find more information here: [Client Guidelines & Services Update – 2024 - Community Retreats](#). From mid-March, I will be unavailable as I have a hospital operation. In early March and late April, I will only be providing spiritual mentoring services as my other services (healing) including angelic reiki and house/land healing are energy giving and I will need my energy to restore myself. Thank you for your understanding. Please do contact me if you would like further information regarding spiritual mentoring.

And finally, just to say thank you. Thank you for all your loving support and encouragement. Thank you for supporting my small business. And thank you for taking the time and interest to read what I write. I don't expect you to agree with it all, I am merely offering a perspective of consciousness!

With love, Take Care, Charlie    