



Welcome to Community Retreats

Finally! We have our first newsletter and our website: www.communityretreats.com. Welcome! Setting up a business as single parent is no mean feat! Setting up a business part-time is possibly more of a challenge. Nonetheless, we are grateful to have got this far and thank you to those who have supported me to date!

So, what is Community Retreats? Community Retreats is a holistic provider of healing and wellbeing services. It is a not-for-profit business and the creation of a group of individuals who came together who believe we need a more community centric collaborative way of living and mainstream recognition that there is a lot more to health and well-being than the physicality of our human selves. As part of this, we are currently seeking a donated site of over 5 acres for our project in and around the Salisbury area. This is to build a community space including rooms for group sessions as well treatment rooms for individuals. Alongside there will be a vegetarian café as well as a herb garden to support wealth generation.

In the meantime, Charlie is offering wellbeing services as well as a regular blog. More details are within.

The Project – seeking a suitable location

- ♥ Community Retreats is seeking a suitable location. We need a minimum of 5 acres. This will enable us to build a large round community space for gatherings as well as smaller rooms.
- ♥ The site needs to be accessible, within 20-minute drive from the centre of Salisbury and have a lovely natural setting. Peace and tranquillity as well as the connection with our natural surroundings is key.
- ♥ To support the community space, we will build a summer house to support a vegetarian café. We will also need sufficient space for a herb garden.
- ♥ The land ideally will be donated and subsequently held in Trust for all the community. No one individual will benefit, nor is our not-for-business structured to enable any asset-stripping.
- ♥ If you know anyone who maybe able to assist, please kindly forward this newsletter.
- ♥ We are also seeking an artist who can draw a sketch of the project to aid promotion.



Current Services

Services Available:

- ♥ Angelic Reiki Healing – 90 minutes £55
- ♥ Spiritual Mentoring – 6 sessions of up to 90 minutes over 3–6-month period. £420
- ♥ For booking, please contact Charlie at charlottecoltman@communityretreats.com; 07908991754
- ♥ Introductory prices. Concessions for low-income individuals

What is Angelic Reiki?

Angelic Reiki is a gentle, yet powerful healing modality working with the angelic frequencies to support the physical, emotional, mental and spiritual bodies. It is a hands-on therapy with a delicate connection that brings forth the light to support your needs, often enabling clarity as to the root cause of a condition. Angelic healing is a form of energy healing which is non evasive, soothing and peaceful seeking to reconnect the individual with the Divine.

My Blog

Each week I write about a spiritual topic. It's a perspective of the world. Here's a recent post: [DNA - Observations From Healing - Community Retreats](#). We will notify you each week as subscribers to this newsletter.

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For further information please contact:

Charlotte Coltman, Community Retreats: charlottecoltman@communityretreats.com; 07908991754

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Thank you for being here at the beginning of the Community Retreats journey!